



## CURRICULUM VITAE

Theorell, Per Gunnar Tores

Date of birth: November 25, 1942

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Thesis: internal medicine

1971 Psychosocial factors in relation to the onset of myocardial infarction and to some metabolic variables - a pilot study. Academic thesis, Department of Medicine, Serafimer Hospital, Karolinska Institute, Stockholm, Sweden.

Post doc

1973-74 Employed for clinical research at the Marine Biomedical Institute (Head: Professor Stewart Wolf) in Galveston, Texas.

International contacts

- Member of the New York Academy of Sciences since 1996.
- Member of the Academia Europaea since 2000.
- Member of the Institute for Society and Health, Univ. College of London since 2000.

Employments

- Dept. of Medicine (Head: Professor Gunnar Biorck.), Serafimer Hospital, Stockholm, 1967-1978
- Employed for clinical research at the Marine Biomedical Institute (Head: Professor Stewart Wolf) in Galveston, Texas, June 1973 - Febr. 1974.
- Employed at the Laboratory for Clinical Stress Research at Karolinska Hospital (Head: Assistant Professor Lennart Levi) on grant from the Work Environment Fund from March 1974 - Dec 1974.
- Employment by the Swedish National association against Heart and Lung Diseases for cardiological research at Serafimer Hospital, 1977.
- Assistant Chief Physician at the Dept. of Social Medicine (Head. Professor Erik Allander) at Huddinge Hospital, Huddinge, 1978-1980.
- Employment by a NIOSH Grant with Professor Robert Karasek, Columbia University, USA, 1979.
- During 1980 full-time Primary Care Physician - 6 months.
- Professor of Health Care Research at the National Institute for Psychosocial Factors and Health, Stockholm, and Professor on the Medical Faculty of Karolinska Institute since 1980.
- Consulting physician, Dept. of Occupational Medicine, Karolinska Hospital 1990-1996.
- Director of the National Institute for Psychosocial Factors and Health, and professor of Psychosocial Medicine at the Karolinska Institutet 1995-2006
- Professor emeritus from Feb 2006.
- Consultant, Stress Research Institute, Stockholm University, from October 2007 – ongoing.

Awards

Late Career Award (American Psychological Association)  
Senior Researcher Award (Eur Association of Work Psychology)

#### Teaching

- 1978 - 1980: Main responsibility for courses in Social Medicine at Karolinska Institutet (Huddinge Hospital, Huddinge).
- Lecturer for courses in social work, psychology and epidemiology at Stockholm University and for courses in Medical Psychology and Internal Medicine at Karolinska Institutet (KI).
- Seminar leader for care research, KI, 1981-1984.
- Leader of two-week courses in psychosomatic research methodology at KI since 1981.
- Leader of undergraduate courses in social and psychosocial medicine, KI, 1991-95.
- Leader of courses in stress prevention within the programme for public health since 1999

#### Graduate student supervision (main supervisor)

I have been main supervisor of 42 Ph.D. students.  
Currently I am supervising one Ph.D. student.

#### Governmental tasks

Chairman of the governmental expert committee on “Work Environment and symptoms of Depression and Exhaustion Syndrome” (Cochrane review published in 2013, SBU)

Chairman of the governmental expert committee “Work Environment and symptoms of Cardiovascular Disease, Stroke and Hypertension” (Cochrane review published in 2015, SBU)

Chairman of the governmental expert committee “Chemical risk factors in the Work Environment in relation to Cardiovascular Disease, Stroke and Hypertension”.

Publications: See separate extract of selected articles 2009-2016.

I have 450 articles available in pubmed (medical database for articles in international scientific journals with independent referee system), and more than 750 publications in total, including articles available in non-medical databases similar to pubmed as well as books, chapters and reviews

#### Most wellknown books

RA Karasek and T Theorell Healthy Work. Basic Books, New York 1990

Theorell T Psychological health reactions to musical experiences. Springer books, London 2014

Bonde LO and Theorell (eds) Music and Public Health. Springer books, London 2018