Bio

August Tuggle is a third-year undergraduate student at the Indiana University Jacobs School of Music pursuing a double-degree in vocal performance and psychology as well as minors in counseling and music education. She is currently a research assistant for the Decreasing Delirium through Personalized Music study at Regenstrief Institute in Indianapolis, IN. This is a follow-up to Decreasing Delirium through Music, the study discussed in this presentation. This research team also involves Dr. Sikandar H. Khan, Dr. Babar A. Khan, Dr. Annette Heiderscheit, and Linda L. Chlan. As a research assistant, her current role involves analyzing each song used in the study to test whether certain properties of music are more effective at reducing delirium. After completing her Bachelor's, she plans to attend graduate school to get her Master's in music therapy. Her research interests include adapting the music therapy profession for blind and low-vision music therapists, and exploring ways music can be used to help children who struggle with anxiety. Alongside her position at Regenstrief Institute, August is a volunteer hospice musician, as well as an assistant for the All Abilities Choir in Bloomington, IN. During her free time, she enjoys playing guitar, piano, and ukulele. Aside from her musical interests, she is an intern at Life Designs, an organization in Bloomington, IN that provides services for members of the community who have disabilities. As an intern, she is working to make the organization's website more accessible to disabled users. August has a strong passion for disability advocacy, and her role in the Decreasing Delirium through Music study has allowed her to combine this passion with music and psychology by exploring possible benefits of music in improving the psychological well-being of patients who are in a disabling condition. With these experiences under her belt, she is looking forward to furthering research on music in medicine throughout her career as a music therapist.